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Tēnā koe Charlotte

Via email: Charlotte.Cook@rnz.co.nz

Official Information Act Request - OIA 13641 Staff Survey Results

On 16 July 2021, under section 12 of the Official Information Act, you requested the following information from Whanganui District Health Board (WDHB):

"RNZ requests the following under the Official Information Act.

- The latest two staff surveys relating to morale, job safety, security, bullying and harassment and similar from all departments.
- In whatever format or formats it has been communicated to senior leadership.
- Any resulting changes from leadership including emails to staff and/or unions.

Please present all information in a fully searchable format.

If you do not hold the information in the exact way described please send in what format you do hold it in."

Whanganui District Health Boards response:

• The latest two staff surveys relating to morale, job safety, security, bullying and harassment and similar from all departments.

Whanganui DHB have not undertaken a staff survey related to morale, job safety, security, bullying or harassment recently. The previous survey of such a nature was undertaken in 2012.

a. During 2020 the WDHB invited staff in April and again in December to participate in a COVID-19 Workforce pulse survey. 332 staff completed the April survey (Approximately 27 percent participation rate) and 211 staff completed a follow-up survey in December (Approximately 17 percent participation rate).

The survey broadly covered four areas: safety, resilience, support and communication.

- b. In 2018 WDHB staff participated in a WorkWell wellbeing survey to determine staff wellbeing priorities as a first step introducing the WorkWell programme. More than 44 percent of staff completed the survey.
- In whatever format or formats it has been communicated to senior leadership.
 - a. A copy of the summary results of the COVID-19 April survey shared with the Executive Leadership Team is attached as Appendix 1.
 - b. A copy of the summary results of the COVID-19 December survey is attached as Appendix 2.
 - c. A copy of the summary results (Infogram) from the WorkWell survey shared with executives and all staff is attached as Appendix 3.

Chief Executive | Phone 06 348 3140

Any resulting changes from leadership including emails to staff and/or unions.

a. The COVID-19 survey feedback were shared with all staff and union partners in the weekly CE newsletter, 24 July 2020. Staff were invited to share any ideas for improvement.

Extract of CE newsletter below:

In late April WDHB staff participated in a Covid-19 workforce pulse survey.

The survey was completed by 332 people, representing approximately 27 percent of staff. The survey broadly covered four areas: safety, resilience, support and communication.

The responses to most questions were positive. One aspect, namely the effectiveness of communication across teams during the crisis, highlights an opportunity for improvement.

Twenty four percent of staff disagreed or strongly disagreed that this aspect was working well whilst fifty percent of staff agreed or strongly agreed that this aspect was working well.

The Executive Leadership Team invites your ideas on how we can further improve our internal communication, specifically between teams and when dealing with challenging situations such as a pandemic. We ask that teams discuss this and share your ideas for improvement via email with (Name deleted to protect privacy of individual)

b. Wellbeing champions shared the WorkWell wellbeing survey feedback with staff in their areas and suggestions and ideas from staff were used to determine wellbeing actions in relation to healthy eating, physical exercise and mental wellbeing.

WDHB partners with Sport Whanganui and encourages staff participation in local activities such as the walk/run around the bridges, cycle month and Masters Games.

Healthy eating is underpinned by a national policy and food items sold at our cafeteria. Drinking water is promoted.

WDHB together with the other DHBs promote mental wellbeing through a shared Kāhui Oranga – wellbeing for health website. Local wellbeing resources are shared on the WDHB intranet and the EAP programme and 1737 txt / phone line is also actively promoted.

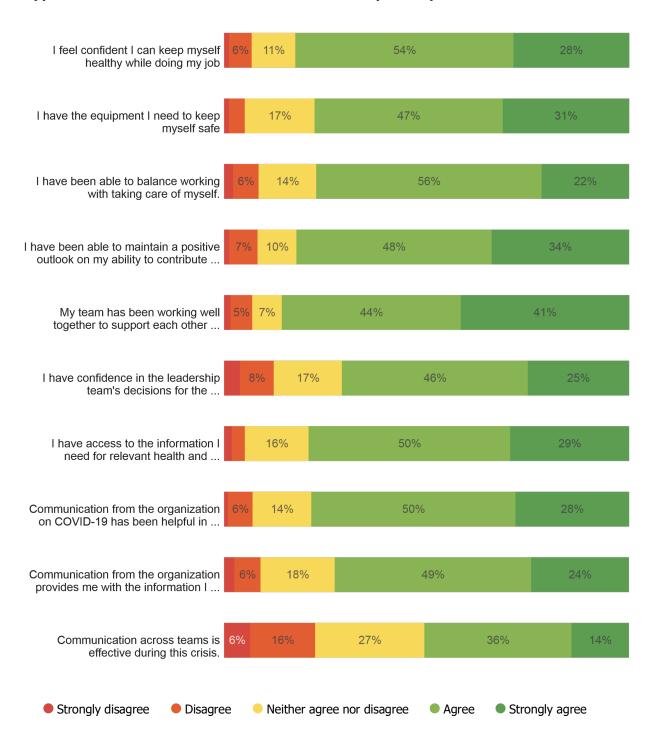
WDHB is currently exploring different options to strengthen our organisational culture and wellbeing support. Feedback from surveys and lessons learnt from the programmes will contribute to next steps.

Should you have any further queries about the above information, please contact our OIA co-ordinator Anne Phoenix at anne.phoenix@wdhb.org.nz

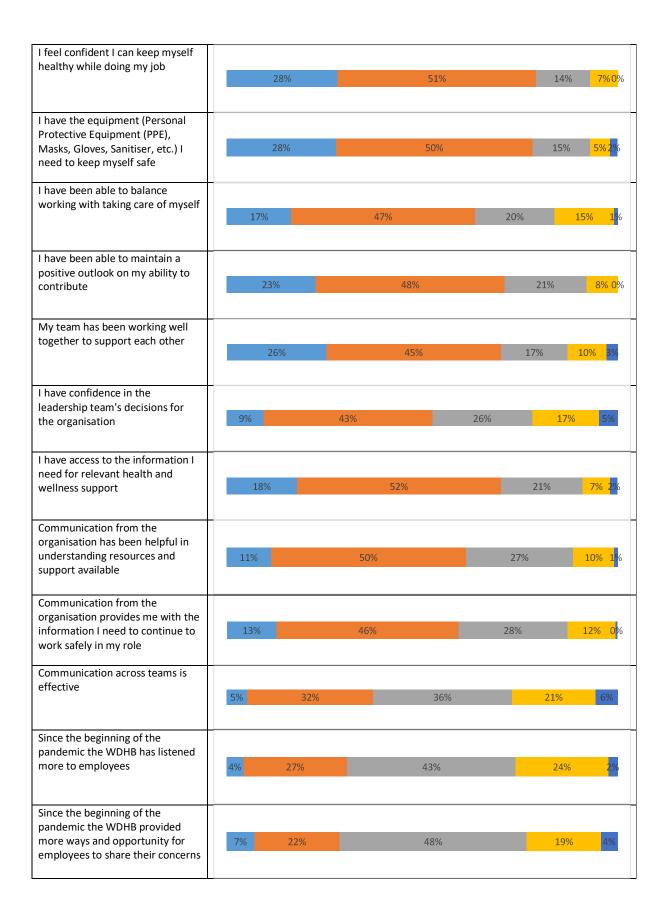
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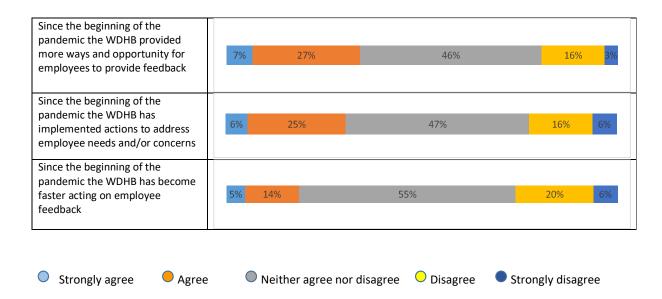
Russell Simpson
Chief Executive

Appendix 1: WDHB Workforce Healthcare Pulse Report – April 2020



Appendix 2: WDHB Workforce Healthcare Pulse Report – December 2020







PHYSICAL ACTIVITY



FROM THE 538 RESPONSES....

Main reasons for staff not being more physically active during the working day. The most common responses include:



24% Sit during most of their

work day



29% Working hours (shift work, nights, over time)



24% Are happy with their current physical activity levels



28% Don't have enough time

Accessibility for staff who live & work in rural areas Need more showering facilities - you can't get to work in an active way

Initiatives staff would like to see, or already have in the workplace to support them to be more physically active:



41% Contribution or subsidy towards being active



36% Regular physical activity programme



24% Facilities for active travel



51% Strategies to include activity during work (eg. walking meetings, stretch breaks)



HEALTHY EATING

FROM THE 538 RESPONSES....

Main reasons for staff not eating healthier. The most common responses include:



20%

Like the taste of unhealthy food



26%

Eat unhealthily when stressed



49% Feel their diet is well balanced



Availability of unhealthy

food

The cafeteria's food has improved but there is room for more healthier options

Initiatives staff would like to see, or already have in the workplace to support them to be more physically active:



36%

Healthy food available in the vending machines



30% Healthy food at work functions



26% Sharing of healthy recipes



MENTAL WELLBEING



FROM THE 538 RESPONSES....
Staff responses to mental wellbeing indicators relating to their current job. (Combined responses to 'always' and 'mostly').



feel capable and useful in their work



74% receive help & support from co-workers when needed



satisfied with their current job



able to maintain a work-life balance



56% managing their workload with little stress



satisfied with the amount of control over their work



receive regular & helpful feedback on their work performance

Modern, pleasant office spaces are much needed.

Effective, open communication

Factors that are impacting on mental wellbeing at work. The most common responses include:



workload (having too much or too little to do)



negative or unsupportive working relationships at work



stress at work



work conditions (eg. lighting, noise, office crowding)

Initiatives staff would like to see, or already have in the workplace to support mental wellbeing. The most common responses include:



regular and constructive feedback between staff and management



36% team building activities



incorporate plants, colour, outdoor spaces or other calming features into environment