



## WHANGANUI DISTRICT HEALTH BOARD TE POARI HAUORA O WHANGANUI

# Tirohanga Hauora 2015

### Te taupori *Population*

I te tau 2013, 15,850 ngā Māori i te noho i te takiwā o te Poari Hauora o Whanganui, e 25% tēnei o te taupori tōpū o te Takiwā. 40% o ngā tamariki Māori o te takiwā mai i 0–14 tau te pakeke, he Māori, waihoki, e 36% o ngā taiohi o te takiwā mai i te 15–24 te pakeke, he Māori.



He āhua taitamariki te taupori o Whanganui, ko te tau waenga he 24.6 tau, engari he maha ngā tohu kei te kaumātua haere.



Tērā e piki te taupori Māori kei runga ake i te 65 tau, mā te 42% i waenga i te tau 2013 me te tau 2020.



### Whānau ora *Healthy families*

Ka whakaaturia ngā raraunga o Te Kupenga mō ngā Poari Hauora e rua tōpū: Whanganui me Ruahine-Tararua. I te tau 2013, ka whakahoki kōrero mai te nuinga o ngāi Māori o Whanganui me Ruahine-Tararua (88%) he pai te noho o rātou whānau, engari e 6% i kī, kāore i te pai te noho o rātou whānau. Tērā te ōrau iti (5%) i kī he uua tā rātou toro atu ki te hunga tautoko e tika ana mā te whānau, engari ki te nuinga (82%) he ngāwari noa.



He mea nui kia whai wāhi ki te ahurea Māori mō te 68% o ngā pakeke Māori. He mea hira te taha wairua ki te 64%.

E 65% kua tae ki te tohunga Māori, ki te kairomiromi rānei i roto i te 12 marama ka hipa ake nei.

Tata ki te katoa (97%) o te hunga Māori o Whanganui me Ruahine-Tararua kua tae atu ki tētahi marae i tētahi wā. Kua tae te nuinga (68%) ki ō rātou marae ake, me te kī a neke atu i te haurua o rātou (58%), ko te hiahia kia nui kē atu ngā haerenga ki ō rātou marae.



Kei raro iti atu i te hauwhā o ngāi Māori o Whanganui i āhei ki te kōrero mō ngā mea maha o ia rā ki te reo Māori i te tau 2013.



He whakarāpopototanga tēnei puka i tētahi Tirohanga Hauora mō te Poari Hauora o Whanganui 2015, i whakaputaina i te marama o Oketopa 2015 e Te Rōpū Rangahau Hauora a Eru Pōmare, Te Whare Wānanga o Ōtago, Pōneke. Ka kitea te pūrongo katoa me ngā ripanga raraunga Excel i te taha i [www.otago.ac.nz/MHP2015](http://www.otago.ac.nz/MHP2015).

# Wai ora *Healthy environments*

## Te mātauranga

E 96% o ngā tamariki Māori o Whanganui i timata te kura i te tau 2013 kua whai wāhi ki ngā akoranga kōhungahunga.



I te tau 2013, e 40% o ngā pakeke Māori kei runga ake i te 18 tau kua whai tiwhikete Taumata 2, piki ake rānei, ā, he nui kē atu tēnei i 2006 (36%). Ono tekau ōrau o tauwiwi i whiwhi ki tēnei taumata tiwhikete.

## Te mahi

I te tau 2013, e 12% o ngā pakeke Māori 15 neke atu rānei ngā tau, he kore mahi, ā, e rua whakareatanga ake mō te Māori tēnā i te pāpātanga mō tauwiwi.



Mahi aroha ai te nuinga o ngā pakeke Māori (88%) i ētahi wā.



I te tau 2013, nui kē atu te kitenga o te hunga Māori, noho i te kāinga, i waho rānei, e tiaki ana i te hunga hauā, i te hunga māuiui rānei kāore he utu, tēnā i a tauwiwi.

## Te whiwhinga moni me te taumata o te noho

I te tau 2013, tata ki te kotahi i roto i te rua tamariki i ngā kāinga Māori, e rua hoki ngā pakeke i roto i te rima, (e kīia ai te kāinga he kāinga Māori mehemea kotahi te tangata Māori neke atu, o roto) i roto i ngā kāinga he pāpaku ngā whiwhinga moni ina tātaihia ki ngā whakapekatanga ā-pakeke aua moni (i raro i te \$15,172), otiia hei whakaritenga ki te kotahi tamaiti, kotahi pakeke hoki, i roto i te tokorima i ētahi atu kāinga ehara i te kāinga Māori.



I te tau 2013, e 9% o ngā pakeke Māori i Whanganui me Ruahine-Tararua ka whakahoki kōrero kua noho i te makariri kia kore ai e whiua e te utu o te whakamahana whare, ā, e 7% kua huri tuarā ki te huarākau me ngā huawhenua tōtika, ā, e 9% kua whakakore, kua whakatārewa rānei i ētahi haerenga ki te tākuta i roto i te 12 marama ka hipa.

Tekau ōrau o ngā tāngata o ngā kāinga Māori kāore i whai wāhi ki tētahi motokā, ko taua ōrau mō tauwiwi e 4% i te Poari Hauora o Whanganui.

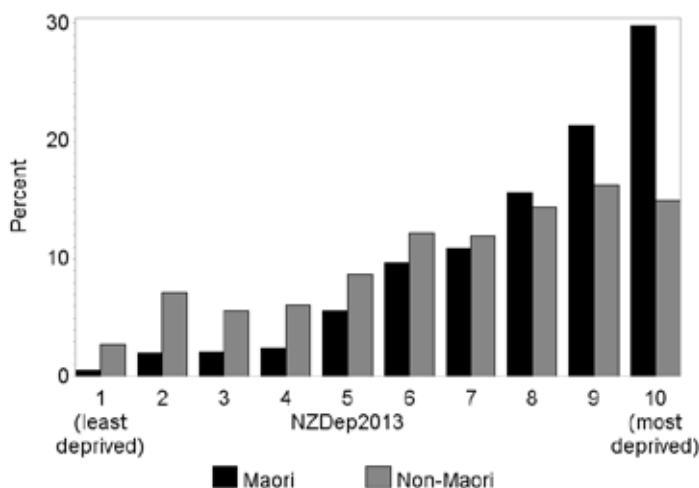


He iti iho te whāinga wāhi o te hunga noho i ngā kāinga Māori ki ngā mahi whakawhiti kōrero ā-waea, tēnā i te hunga noho i ngā kāinga ehara i te Māori: e 37% kāore kau he hononga ipurangi, e 31% kāore kau he waea, 14% kāore kau he waea pūkoro, ā, e 4% kāore i whai wāhi ki ētahi atu momo whakawhiti kōrero ā-waea.



## Te rawakore ā-takiwā

Ina whakamahia te taupū NZDep2013 mō te noho rawakore o te rohe iti, e 51% o ngā Māori o Whanganui i te noho i ngā tino rohe rawakore ā-rōpū ngahuru, ā, ko te pāpātanga mō tauwiwi, he 31%. E 3% noa iho o ngāi Māori i te noho i ngā rohe ā-rōpū ngahuru e rua o runga ehara i te tino rawakore, hei whakarite tēnei ki te 10% o tauwiwi.



## Te whai whare

Ko ngā raruraru whānui he rite tonu te kite atu e te pakeke Māori i Whanganui me Ruahine-Tararua i te tau 2013



ko te uaua o te whakamahana whare (14%), te pākarukaru o te whare ake (9%), me te haumāku (8%).

Nui ake i te haurua o ngā tamariki i ngā kāinga Māori i Whanganui e noho ana i te whare rēti (57%), arā, tata ki te rua whakareatanga ake i te ōrutanga o ngā tamariki i ētahi atu whare ehara i te whare Māori.

Ko ngā tāngata o Whanganui e noho ana i te kāinga Māori, e 3 te whakareatanga ake o te noho kei roto i ngā whare apiapi tēnā i te hunga o tauwiwi (arā, e mate ana i te rūma moe tāpiri kotahi, neke atu rānei) (17% ki te 6%).

# Mauri ora *Healthy individuals*

## PĒPI, TAMARIKI *INFANTS AND CHILDREN*

Ko te toharite ia, i whānau mai ngā kōhungahunga Māori e 404 ia tau, i ngā tau mai i 2009–13, ā, e 46% tēnei o ngā whānautanga ora katoa i te Takiwā Poari Hauora o Whanganui. E 26% te whakareatanga ake o ngā kōhungahunga Māori he māmā rawa te taumaha tinana i te whānautanga i ngā tamariki tauwiwi (7.2% ki te 5.7%).



I te tau 2013, e 81% o ngā pēpi Māori i Whanganui i whāngotehia nuitia i te 6 wiki.

Tata ki te toru hauwhā o ngā kōhungahunga Māori kua rēhitatia ki tētahi Rōpū Hauora Tuatahi i te ekenga ki te toru marama te pakeke.

I te tau 2014, kua oti te 92% o ngā tamariki Māori te whāngai ki te kano ārai mate i te 8 marama, waihoki, e 93% hei te 24 marama.



I te tau 2013, e rua hautoru o ngā tamariki Māori o Whanganui, e 5 te pakeke, ā, nui iti ake i te kotahi hautoru o ngā tamariki tauwiwi, kua pāngia e te niho pirau. I te tau 8 o te kura, e rua i roto i te toru o ngā tamariki Māori me te rua i roto i te rima o ngā tamariki tauwiwi kua pāngia e te niho pirau. E 2.4 te nuinga ake o ngā tamariki Māori i waenga i te 0–14 tau i kawea ki te hōhipera mō ngā māuiui niho, māuiui pae niho hoki, i ngā tamariki tauwiwi.



I roto i ngā tau 2011–13, ko te toharite ia, 16 ngā urunga hōhipera ia tau kia whakapiria he pū taringa mō ngā tamariki Māori mō te otitis media (he 41% te itinga iho o te pāpātanga i tēnā a tauwiwi).



Te toharite ia, e 24 ngā whakaurunga mō ngā pokenga kiri taumaha ia tau mō ngā tamariki Māori (ā, e 87% te whakareatanga ake o te pāpātanga tēnā i ngā tamariki tauwiwi).



Tōna toharite, kotahi te tamaiti Māori i te tau i waenga i te 0–14 tau, kotahi hoki i waenga i te 15–24, i whakaurua ki te hōhipera ia tau mō te kirikā rūmātiki taumaha.



I raro iti iho i te 400 ngā whakaurunga hōhipera o ngā tamariki Māori ia tau ka kīia he whakaurunga kua taea te kaupare mehemea he nui ngā mahi whakatairanga hauora ā-taupori, me ngā mahi tautoko whakawhiti rāngai, ā, e 57% te nuinga ake o te pāpātanga tēnā i te tamariki tauwiwi.

Kei te 270 ngā whakaurunga ki te hōhipera o ngā tamariki Māori ia tau ka kīia he māuiui kua taea te kaupare mehemea i haere ngā mahi kaupare, whakatika moata rānei i ngā mahi hauora tuatahi (ambulatory care sensitive hospitalisations, ASH), ā, e 53% te nuinga ake o te pāpātanga tēnā i tō tauwiwi.



## RANGATAHI *YOUNG ADULTS*

Kua tino kitea he hekenga iho o ngā taiohi Māori o Whanganui he auau te kai paipa i waenga i te 15–24 tau. Engari tata ki te rua whakareatanga atu te tokomaha o ngāi Māori e kai paipa ana, ina whakaritea ki a tauwiwi.



Nō te taenga ki te marama o Hepetema 2014, nui iti ake i te 60% o ngā kōtiro Māori 16 ki te 17 tau te pakeke, me te 80% o ngā kōtiro kua piki ki te 14 me te 15 tau kua toru whāngainga ki te whāngainga kano ārai mate mō te tona kiri tangata (HPV). He teitei kē atu te whānui mō te Māori i a tauwiwi.



Ko te pāpātanga o te whakaurunga hōhipera mō te wharanga kino, nā te tūkinō ā-kiri te take, he iti iho mō te iwi Māori, tēnā i tō tauwiwi mō te taiohi kei waenga te pakeke i ngā tau 15–24, i ngā tau 2011–13, me te 11 whakaurunga ia tau mō te taiohi Māori. I waenga i ngāi Māori 25–44 tau te pakeke, he ōrite ngā whakaurunga hōhipera ia tau, he ōrite ki a tauwiwi.



## PAKEKE ADULTS

Nui iti ake i te haurua (55%) o ngā pakeke Māori i Whanganui, i Ruahine-Tararua, e ai ki ā rātou kōrero, he rawe tō rātou hauora, he tino pai rānei i te tau 2013, ā, e 35% i kī he pai tō rātou hauora. Kotahi i roto i te whitu (14%) i kī, he āhua pai, kāore i pai rānei tō rātou hauora.

Kei te heke haere te tokomaha e kai paipa ana, engari neke atu i te rua whakareatanga atu te tokomaha o ngāi Māori e kai paipa ana, ina whakaritea ki a tauwiwi (e 38% mō te Māori, 19% mō tauwiwi i te tau 2013).



## Ngā māuiui o ngā iaia toto

E 72% te nuinga ake o ngā pakeke Māori o Whanganui e 25 tau te pakeke, neke atu rānei, i uru ki te hōhipera mō ngā māuiuitanga o ngā iaia toto, i ngā pakeke tauwiwi, (tae atu ki ngā māuiui manawa me te ikura roro) i ngā tau 2011–13.



Tata ki te 56% te whakareatanga ake o te maha o ngāi Māori i whakaurua ki te hōhipera mō te mate manawa taumaha i a tauwiwi, e 51% te whakareatanga ake o te whakaahua i ngā iaia, e 60% te whakareatanga ake o te whakahoutanga o ngā iaia, ā, he ōrite te pāpātanga o te homai iaia manawa autaki me ngā rangitāmiro.

E 4.4 whakareatanga ake te whakaurunga atu ki te hōhipera mō te rarunga manawa mō te Māori, tēnā i a tauwiwi.

Ko te pāpātanga mō te whakaurunga atu mō te mate ikura roro e 2.5 te whakareatanga ake mō te Māori tēnā i a tauwiwi, ā, e 2.6 te whakareatanga ake mō te Māori mō te pēhanga toto teitei.

E 4.8 te whakareatanga ake o ngā whakaurunga mō te mate rūmātiki manawa taumaha mō te Māori, tēnā i a tauwiwi, ā, kāore i tino rerekē ngā whakahoutanga takirere manawa.

Ko ngāi Māori i raro iho i te 75 tau, e 3.3 te pikinga ake o te mate rawa i ngā māuiui pūnaha toto i ngā tau 2007–11, tēnā i a tauwiwi.



## Ngā māuiui whakahā

Ko ngā Māori kei te 45 piki ake ngā tau, he tata ki te 3 whakareatanga ake te whakaurunga ki te hōhipera tēnā i a tauwiwi mō te mate pāpuni pūkahukahu (COPD).



E rua whakareatanga ake ngā whakaurunga ki te hōhipera mō te mate huangō mō te tangata Māori i ngā reanga katoa.

E 2.7 whakareatanga ake te mate rawa o te Māori i raro iho i te 75 tau nā te māuiui whakahā i ngā tau 2007–11, tēnā i a tauwiwi.



## Te mate huka

I te tau 2013, tōna 5.4% o ngāi Māori, me tōna 6.1% o tauwiwi kua pāngia e te mate huka. Neke iti ake i te haurua o te iwi Māori e 25 neke atu rānei te pakeke, kua pāngia e te mate huka, kua whiwhi haere tonu i te metformin, i te taiaki huka rānei, ā, e 78% kua pūputu te aroturuki i ō rātou huka ā-toto, ā, nui iti ake i te haurua kua pūputu te tātari mō te mate tākihi.



I ngā tau 2011–13, e 4.5 te whakareatanga o te maha o ngā porohanga o tētahi waewae o te tāne Māori kua pāngia e te mate huka, tēnā i a tauwiwi.

## PAKEKE ADULTS

(tonu)

### Te mate pukupuku

Ina whakaritea ki a tauwiwi, e 27% te teiteinga ake o te pānga e te mate pukupuku mō ngā wāhine Māori, ā, 86% te whakareatanga ake mō ngā wāhine Māori o te mate rawa, nā te mate pukupuku te take. He ōrite te pāpātanga rēhita mō te mate pukupuku mō te tāne Māori ki ngā tāne tauwiwi, ā, e 56% te whakareatanga ake o te mate rawa nā te mate pukupuku te take.



Ko ngā mate pukupuku i rēhitatia nuitia i waenga i ngā wāhine Māori o Whanganui i ngā tau 2008–12 ko ngā mate pukupuku o ngā pūkahunahū, o te ū, o te whare tangata, o te kōpiro nui, me te repe tenga. Ko te pāpātanga o ngā mate pukupuku pūkahunahū e 6.6 te whakareanga ake i tēnā o tauwiwi.



Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā wāhine Māori ko ngā mate pukupuku o ngā pūkahunahū, me te ū, o te kōpiro nui me te repe taiaki huka, i ngā tau 2007–11. Ina whakaritea ki a tauwiwi, e 4.7 whakareatanga ake o te pāpātanga o te mate rawa ki te wahine Māori, nā te mate pukupuku pūkahunahū, e rua whakareatanga ake te mate rawa nā te mate pukupuku o te ū, ā, e 3 whakareatanga ake te mate rawa nā te mate pukupuku repe taiaki huka.



Ko te whānuitanga o te arotake ū ā-rua tau mō ngā wāhine Māori kei te 45–69 tau i eke ki te 67%, hei whakarite ki te 78% o ngā wāhine tauwiwi i te mutunga o te tau 2014.



Ko te whānui o te arotake waha whare tangata mō ngā wāhine Māori kei te 25–69 te pakeke, e 67% i roto i te 3 tau, ā, e 85% i roto i te rima tau (hei whakarite ki te 77% me te 91% mō ēnei reanga o ngā wāhine tauwiwi).

Ko te mate pukupuku o te repe tātea, o ngā pūkahunahū, o te kōpiro nui, o te tou, o te puku me ngā tākihi ngā momo mate pukupuku i kitea nuitia i waenga i ngā tāne Māori o Whanganui. Neke atu i te 6 whakareatanga ake te pāpātanga rēhita mō te mate pukupuku o te puku, mō te tāne Māori, tēnā i ngā tāne tauwiwi.

Ko ngā mate pukupuku i noho hei take matua mō te mate rawa mō ngā tāne Māori ko ngā mate pukupuku o ngā pūkahunahū, me ngā whēkau nakunaku. E 3 whakareanga ake te matenga rawa nā te mate pukupuku o ngā pūkahunahū mō te Māori, tēnā i a tauwiwi.

### Ngā māuiui o te hinengaro

Kotahi haurima te whakareatanga ake o te pāpātanga o te whakauru o te Māori ki te hōhipera mō ngā māuiui hinengaro i ngā tau 2011–13, tēnā i a tauwiwi. Ko te mate i kitea nuitia ko ngā momo e pā ana ki te wairua tuakoi, ko te tuarua, ko ngā māuiui nā te kai tarukino te take.



### Te mate rangatira (koute)

I te tau 2011, tōna 6% te pānga o te mate rangatira i waenga i te hunga Māori o Whanganui, tata ki te whā haurima te teiteinga kē ake i tō tauwiwi (4%).



Kei raro iti iho i te 40% o te hunga Māori kua pāngia e te mate rangatira i whiwhi i te allopurinol, he rongoā tēnei hei whakaheke i ngā taumata tiomimi. I roto i tērā hunga i whiwhi i te allopurinol, e 32% noa iho i whakamātauria ā-taiwhangatia mō ngā taumata tiomimi hinutoto i roto i te ono marama whai i muri. Tata ki te haurua o ngāi Māori i pāngia e te mate rangatira, i te whakamahi rongoā ehara i te pūtaiaki, pēhi kakā hoki.

I roto i ngā tau 2011–13, he neke atu i te 5 whakareanga ake te pāpātanga whakaurunga ki te hōhipera mō te Māori mō te mate rangatira, tēnā i a tauwiwi, e mōhioia ai he maha ake ngā kakāngā mamae mō te Māori.

## NGĀ REANGA KATOA ALL AGES

### Ngā whakaurunga hōhipera

E 12% te teitei ake o te pāpātanga whakaurunga ki te hōhipera mō te Māori, nā ngā pūtaka katoa o te mate, tēnā i a tauwiwi, i roto i ngā tau 2011–13.



Neke atu i te 1,000 ngā whakaurunga mō te Māori ki te hōhipera he whakaurunga ka taea te kaupare i mua, ā, e 33% te teitei ake o te pāpātanga tēnā i a tauwiwi. E rua hautoru te teiteinga ake o ngā māuiui ASH.

### Ngā wharanga

He ōrite te pāpātanga whakaurunga ki te hōhipera nā te wharanga te take, mō te hunga Māori me te hunga tauwiwi, i te Poari Hauora o Whanganui, engari e rua whakareatanga ake te pāpātanga o te mate rawa nā te wharanga te take. Kei runga kē atu te whakaurunga ki te hōhipera me te pāpātanga o te mate rawa, mō ngāi tāne, tēnā i a ngāi wahine.



Ko ngā take matua mō ngā wharanga i whakaurua ai he tangata ki te hōhipera ko ngā takanga, te tuinga e ngā mīhini, ngā whakararu o te tiaki i muri i te haere ki te tākuta, i te poka tinana rānei, te patunga e te tangata, me ngā aituā waka.

E 3.6 te pikinga ake o te pāpātanga o te whakauru i te wahine Māori ki te hōhipera nā te patunga e te tangata kē, tēnā i ngā wahine tauwiwi, ā, e 71% te pikinga ake mō ngā tāne Māori i a tauwiwi.

### Te mate rawa

E rua whakareanga ake te pāpātanga o te mate rawa, nā ngā pūtaka katoa o te mate, mō te tangata Māori i roto i Whanganui, i roto i ngā tau 2008–12, tēnā i a tauwiwi.



Ko ngā takanga matua o te mate rawa mō ngā wahine Māori i ngā tau 2007–11, ko te mate manawa pāpunitanga toto (IHD), te mate pukupuku o ngā pūkahukahu, te ikura roro, te mate huka me te mate pāpuni pūkahukahu (COPD). Ko ngā takanga matua mō ngā tāne Māori ko te mate manawa pāpunitanga toto, ngā aituā, te mate pukupuku o ngā pūkahukahu, te mate pāpuni pūkahukahu, me te whakamomori.

E 2.3 te whakareatanga ake o ngā matenga kua āhei pea te kaupare, me te 2.5 te whakareanga ake mō ērā kua āhei hoki te taurima, mō te Māori, i tō tauwiwi i Whanganui i roto i ngā tau 2007–11.

### Te tūmanako ora

I roto i ngā tau 2012–14, i tōna whānautanga ka matapaetia e 76.4 ngā tau e ora ai te wahine Māori (e 7 ngā tau i raro iho i te wahine tauwiwi) i te rohe Whānui o Manawatū-Whanganui, ā, e 72.3 tau mō te tāne Māori (e 7.2 ngā tau i raro iho i te tāne tauwiwi).

He mea whāngai ki te pūtea e Te Kete Hauora, te Manatū Hauora.

Te tauria rei puta nā Graham Tipene. Ngā whakaahua nā Aki Design. Hoahoa e Matthew Bartlett. Te huri ki te reo Māori nā Piripi Walker, Tokomapuna Māori Language Services. Whakamārama pikitia: Whanganui River, e Prankster.

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