



Infant Child Adolescent Mental Health and Addictions Services

ICAMHAS works in partnership with the infants, children and young people and their family / whanau to provide specialist treatment and a range of therapy to support wellness and healthy futures.

The SUPP team provides a range of interventions in partnership with health and education providers to reduce the harm caused by alcohol and other drugs.

OUR PURPOSE

‘Working together to value wellness’

OUR PRIORITIES FOR 2017 TO 2018

Improving mental health and wellbeing

- Continue to invest in workforce development to meet needs of the young people and families who access the service
- Having young people at the heart of and being key decision makers in services they receive by having therapy driven by the young person’s/family goals
- Building resilience by establishing a culture of Choice and Partnership Approach (CAPA) “easy in, easy out and easy back”
- Focus on cultural appropriateness of environment and delivery through strengthened linkages.
- Support Zero Suicide Strategy
- Continue to improve the services available in the infant child space
- Grow the parenting programme for parents who have mental health issues
- Develop brief intervention parenting skills for parents who have mental health issues

Reduce harm caused by alcohol and other drugs

- Continue to develop the capacity of the SUPP service by expanding into other domains
- Provide workshops, education sessions, and group work in schools and alternative education settings
- Maintain links with other community agencies who work alongside youth to ensure services provided are not replicated
- Develop a transition plan which can be completed out of the office and easily copied
- Support rural agencies by delivering collaborative programmes
- E tools available to young people and supported by the WDHB IT system
- Regular opportunity to network with other DHB addiction services
- Develop evidence based modes of practice relevant to each addiction which are regularly reviewed

Integration of primary/secondary services

- Establish an ICAMHAS contact person for each agency to improve relationships and understanding of ICAMHAS service provision
- Transition plans to be developed for every young person/family referred to ICAMHAS and copies sent (with permission of young person) to referring agency and those who are working with the young person/family
- Expand the capacity to see young people in primary service areas such as GP rooms, schools etc
- Continue to update referring agencies on progress of referrals
- Continue to develop shared programmes with NGOs
- Provide education to primary services
- Revise the post-vention serious incident support programme with the Ministry of Education

Improve Service delivery

- Introduce the full CAPA model (as per more detailed plan)
- Improve flow through the service by setting with the young person/family therapy goals which are agreed, achievable, session limited and regularly reviewed
- Establish and maintain a culture where the expectation is every team member has a quality improvement focus and understands KPIS
- Continue to evolve methods to obtain young people/family feedback
- Develop and support leaders within the team to ensure succession planning
- Ensure accurate KPI data by having regular data input training days