



Te Awhina is an acute mental health inpatient unit. We provide short term intensive specialist treatment & care to people with the highest level of need. We then work closely with the community teams to support people to return to their lives in the community as soon as possible.

PURPOSE

'To provide high quality intensive mental health & addiction treatment and care to get people safely well'

VISION

We aim to provide excellent care everyday

OUR PRIORITIES

Improve people's mental health and wellbeing

- Increase provision and range of therapy available through occupational therapy
- E-therapy availability
- Safety plans
- Improve transition of care
- Early Warning Score medical review
- Full physical within 24hours
- Closely monitor metabolic state
- Fully developed occupational therapy programme
- Review by Senior Medical Officer within 24hours

Reduce harm caused by alcohol and other drugs

- Comprehensive alcohol and other drug (AOD) assessment
- Co-existing Problem (CEP) groupwork
- Smoking quit coach
- Increase AOD CEP referrals as inpatient
- Health promotion and messaging occurs to reduce harmful usage

Improve integration across primary/secondary and social sector agencies

- Discharge summaries to general practitioners within 12hours
- Allocate NGO/case manager within 72hours
- Mental Health & Wellbeing Support notification on admission
- Peer support and liaison within and outside acute care

Improve service delivery

- Zero suicide strategy
- No seclusion or restraint
- Early intervention
- Releasing Time to Care
- Admission pack
- Service user/tangata whaiora hui
- Audit schedule incident review informs improvement
- Peer support full integration and continue development
- Work force development brief intervention
- Service user/tangata whaiora participation in service planning